



L'Hôpital de Montréal pour enfants  
The Montreal Children's Hospital

Centre universitaire de santé McGill  
McGill University Health Centre

## CARE AT HOME AFTER STRABISMUS SURGERY

For your next appointment please call (514) 412 - \_\_\_\_\_

Clinic: \_\_\_\_\_

Doctor: \_\_\_\_\_

Type of follow-up recommended: in clinic by phone other \_\_\_\_\_

**ACTIVITIES:** Quiet activities today with close supervision. May watch television. No bicycle, sports, or gym until after your next appointment. No swimming for at least 3 weeks.

**SCHOOL:** May go back to school after 3 days. Please check with your doctor.

**BATH:** May resume tub bath tomorrow. Be careful not to splash bath water into eyes. If the eyes are sticky, clean with a face cloth soaked in lukewarm water. Wipe from inside to outside (nose to ear direction). The eyes may remain reddish for one month.

**MEDICATION:** For pain, give Acetaminophen (Tylenol or Tempra) every 4 hours if needed. Next dose may be given only at \_\_\_\_\_ hours. Dimming the lights and/or applying cool, wet and clean compresses may provide additional comfort.

**DIET :** Give water, apple juice, popsicle, flat Ginger ale or Jell-O for one to two hours. If tolerated, proceed with a soft diet such as soup, yogourt, ice cream and cereal. Tomorrow, he/she may be given a normal diet.

**\*\*\* PARENTS PLEASE NOTE \*\*\***

**IF YOU ARE CONCERNED, PLEASE CALL THE MONTREAL CHILDREN'S HOSPITAL AT 514-412-4400 AND ASK FOR THE PHYSICIAN ON CALL FOR THE OPHTHALMOLOGY SERVICE OR COME TO THE EMERGENCY ROOM OF THE HOSPITAL.**